



FACULTY OF HEALTH

OC: Home Based Care (Ancillary Health Care) L3 (135Credits) - 1 year

COURSE DESCRIPTION

A home-based career will be able to provide supervised care and support to patients and household members in the home, in order to promote, restore and maintain a person's comfort, function, spiritual wellbeing and physical health including care towards a dignified death. The work of a home-based career focusses on therapeutic work (to make better), rehabilitative work (to restore to health), long-term maintenance (to care for over a long time) and palliative care (for those with life-limiting conditions). All these tasks require time and commitment and imply a longer-term relationship with clients/patients.

Home Based Careers provide supervised care and support to patients and their immediate family's/household members in the home and appropriate community-based settings in order to promote, restore and maintain a person's maximum level of comfort, function and health including care towards a dignified death.

Students undergo 30% theory and 70% Workplace & Practical
Work placement Guaranteed in guaranteed at MUST Graduate Academy!!!



WWW

mustgraduate.academy



1: ENTRY LEVEL REQUIREMENTS

Learners who want to register for this qualification must have;

- ABET Level 4 with FLC
- Grade 9, 10, 11 or 12 (No specific subjects are required).
- NQF Level 1 or equivalent competences in Mathematical Literacy and Communications.



2: MODULES BY SEMESTER

Knowledge (Theory) Modules

- Fundamentals of Home Based Care (8 Credits).
- Community Health Care and Social Support (14 Credits)
- Rehabilitative Care within a home-based environment; (7 Credits)
- Therapeutic Care within the home-based environment; (9 Credits).
- Supportive and Palliative Care; (7 Credits).

Total Credits for Knowledge Modules: 45.

Practical (simulations) Skills Modules

- Assess and identify the needs of patients and family/household members, and develop/update a standardized care plan in collaboration with a professional supervisor; (5 Credits)
- Identify and report on possible needs of patients and family/household members on an ongoing basis; (5 Credits).
- Implement delegated components of the care plan (Household and patient); (20 Credits).
- Educate patients and family/household members regarding the specific health/social conditions, implications and principles of care (to enable patients to make informed decisions) (5 Credits).
- Capacitate patients/family/household members in basic practical care
- Skills; (5 Credits).
- Record and submit required information as per the schedule; (3 Credits).

Total Credits for Practical Skills Modules: 45.

Work Experience Modules:

- Exposure to the processes of assessing, planning and providing holistic care in household and community settings; (7 Credits)
- Exposure to the processes of monitoring the implementation of the home-based care plans; (24 Credits)
- Exposure to the processes of ensuring the active participation of patients and households in the management of care at home; (2 Credits)
- Exposure to the processes of capacitating patients/family/ household members in basic practical care skills; (2 Credits)
- Exposure to the referral processes; (2 Credits)
- Exposure to the processes of conducting follow up on referred patients at household; (4 Credits)
- Exposure to the processes of reporting and maintaining records within the home-based care environment; (3 Credits)
- Exposure to the processes of participating in care team activities; (1 Credit)

Total Credits for Work Experience Modules: 45



3: LEARNING OUTCOMES

Recipients of this Qualification will be able to:

- Provide holistic care and support to patients and household members.
- Communicate effectively with patients and household members to provide care and support.
- Operate effectively within a multi-disciplinary team context.
- Recognize when to refer and who to refer to.
- Complete a generic report guideline/template on patient care.

Qualification -Course Content

- Health, wellness, ethics and values
- Concepts - patient centered care and quality of life
- Principles of communication
- Anatomy and physiology
- Concepts and principles of rehabilitative care
- Therapeutic management of physical & emotional ailments (wounds, basic first aid, mental illness, Communicable and Non -Communicable disease, treatment adherence, common Ailments and referrals)
- Principles of therapeutic support (community and roles of home-based care)
- Capacitate patients/family/household members in basic practical care skills
- Record and submit required information as per schedule
- Concepts & principles associated with ageing
- Concepts & principles of palliative care
- Pain assessment & management
- Assess and identify the needs of patients and family/household members. Develop/update a standardized care plan

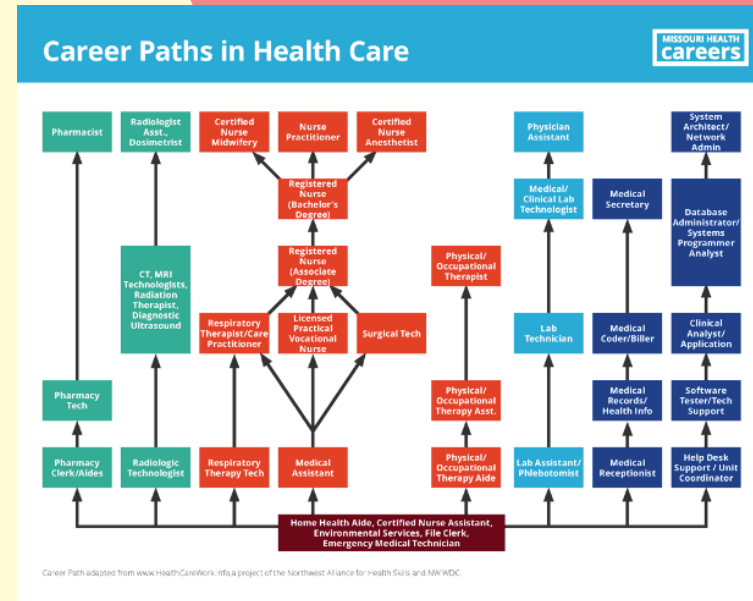


3: LEARNING OUTCOMES

- Identify and report on possible needs of patients and family/household members on an ongoing basis
- Implement delegated components of the care plan (household and patient):
 - o Skill 1 Physical Care
 - o Skill 2 Emotional Support
- Educate patients and family/household members regarding the specific health/social conditions



4: CAREER PATHS



5: JOB OPPORTUNITIES

Find Employment

- Major employer is Department of Health (Clinics, rehabilitation centers, testing and counseling centers) through its implementation of Primary Health Care Re-engineering under NHI.
- Other employers include Schools, local municipalities, Mental Health Centers, Old age homes, mines, Health Research centers, Cancer foundation, heart foundation, diabetes foundation, social department, department of housing and NGOs.



6: ACCREDITATION & CERTIFICATION

ASSESSMENT OF THIS PROGRAMME

MUST Graduate Academy will conduct internal assessments by means of assessment activities and signed-off work experience log sheets. Upon successful completion of all modules, MUST Graduate Academy provides a statement of results to the candidate and QCTO, as part of the candidate's application to complete the External Summative Assessment conducted by the QCTO

LEARNING PROCESS

Learners will be formatively assessed in theoretical studies on the basis of assignments, an individual and group project and as well as short test. Assignments, case studies, problem-solving techniques will assist with formative assessment. Learners will also be formatively assessed in real work environment on the basis of observation in natural setting; unobtrusive or planned. Behavior and performance will be evaluated.

EXAMINATION

Upon completion of the training learners will be issued with a statement of results by the college which will allow them to sit for national examination.

NB: National examinations are written in March and October/November every year.

CERTIFICATION

Learners who passed National Examination will be awarded Occupational Qualification: Home Based Personal Care L3 by Quality Council (QCTO).

CREDITS SAQA APPROVAL

Approved by SAQA at NQF Level 3AND, SAQA ID 104792 , with 135Credits